

Assignment

Class V

Chapter 1: Importance of Family

Q1. Fill in the blanks with correct answer:

Help Box

Family, talent, interaction, Nuclear family emergency, support, first, responsibilities, role models

- a) Family is the _____ learning place.
- b) The _____ among the family members develops close bonds of love and affection.
- c) The _____ system works like a chain.
- d) Children provide _____ to elders in times of need.
- e) _____ is the most important group of human beings.
- f) Every member of the family has different _____.
- g) All families give support in times of _____.
- h) Family nurtures the special _____ of the members.
- i) Family members whom you admire for their personality, special talent, contribution to society or affectionate nature are your _____.
- j) _____ includes only parents and their children

Q2. State true or false:

- a) Grown up members of the family usually do not practice the values and actions that they want their children to learn.
- b) In a family the responsibilities must be shared and the wishes of others must be respected.
- c) The elders cannot help the child to grow up into a good human being.

- d) It is not necessary that each family should follow certain customs and traditions.
- e) The parents and grandparents take care of the children with a lot of love and patience.
- f) Family support in times of emergency helps the sufferer to overcome the difficulties.
- g) All members of a family always like to do the same activity and good at it.
- h) The encouragement of family helps the members to excel.
- i) We must utilise our time and energy in improving ourself.
- j) We should not share our dreams, fears and sorrows with out parents.

Q3. Tick (✓) the correct option:

- a) A type of family that includes parents, and grandparents is a —
 (a) Joint Family (b) Nuclear Family (c) Extended Family
- b) Real strengths of a family are —
 (a) Care and Appreciation (b) Care and Love (c) Love
- c) In each family, the members have their own —
 (a) likes (b) likes and dislikes (c) dislikes
- d) Conversations and discussions among family members —
 (a) entertain (b) break the bonds (c) deepen the bonds

Q4. Answer the following questions:

Q1. What does a child learn in a family?

Q2. How the relationship in a family can be strengthened?

Q3. What is the significance or importance of family traditions?

Q4. It is important for the family members to spend time together. Give reason for this statement.

Q5. List the various ways by which Family members can tell the children about great Personalities?

Q6. List any four ways by which you can look after the elders of your family.

Q7. It is important to share the responsibilities in a family. What work you would like to do to share the responsibility? (List at least 4 such tasks).

Q8. Narrate an incident when your aunt or uncle supported your parents in case of an emergency?

Q9. What do you understand by Role Model? Who is your role model in your family and why?

Q5. MAP Skills

On a political map of India locate, label and colour the following:

- a. The State in which you live
- b. The State in which your grandparents (paternal/maternal), aunts and uncles live.
- c. The state in which your parents lived or studied in childhood if it's different from current state.

Answer Key

Ans 1. Fill in the blanks:

- a) First
- b) interaction
- c) Family
- d) Support

- e) Family
- f) responsibilities
- g) emergency
- h) talent
- i) role models
- j) nuclear family

Ans2. True or false:

- a) False b) True c) False d) False e) True f) True
- g) False h) True i) True j) False

Ans3. Tick (✓) the correct option:

- a) (a) Joint Family
- b) (a) Care and Appreciation
- c) (b) likes and dislikes
- d) (c) deepen the bonds

Ans 4. Answer the following questions:

Ans1. The child learns everything by watching and imitating the family members. It may be how to speak, walk and behave. The child also learns to overcome challenges, solve problems and make decisions.

Ans2. Relationships in a family can be strengthened by Mutual affection, love, trust and sharing of responsibilities.

Ans3. Family traditions are an excellent way of teaching values like respect for our elders, caring and sharing, helping others and passing the family heritage to the future generations.

Ans4. It builds strong bonds among family members. The interaction gives them opportunities to remain in close contact, develop harmony and understanding.

Ans5. story narration, gifting books to children or visiting monuments, museums, etc.

Chapter 2: Human Migration

Q1. Fill in the blanks with correct answer:

Help Box

producer, seasons , chain, River Jhelum ,limited, exist, permanently ,
job, salaries, happiness, Wildebeests

- a) Human beings would not have continued to _____ without migration.
- b) Man started to live a settled life only after they became a food _____.
- c) In earlier times the migration was carried out within a _____ area
- d) During British rule Indians had the choice to _____ settle in foreign lands.
- e) In September 2014 the Kashmir valley was flooded by heavy rains and overflowing of _____.
- f) The labourers move to cities for _____ and better _____.
- g) Animals migrate with change in _____.
- h) Migration brings _____ to may people.
- i) Migration is like a _____.
- j) _____ of Africa migrate in search of green pastures this migration is known as one of the “Seven Wonders of the Natural World”.

Q2. State true or false:

- a) Mankind and migration have been linked to each other since ancient times.
- b) Animals migrate from one region or habitat, to another to breed, grow, find food or avoid cold/hot weather.
- c) During the British period, Indians were NOT allowed to migrate, settle or work in the colonies under the British control.

- d) During British rule Indians were not allowed to go abroad.
- e) In earlier times people who wish to migrate had to walk or carry their goods.
- f) In earlier times the migration was carried out within a limited area as there were no means of transport.
- g) In September 2014 the Kashmir valley was flooded which was mainly a Natural disaster.
- h) The migrants DO NOT face any problem when they migrate from one place to other.
- i) Migration always bring happiness to everyone.
- j) Animals know which direction they have to follow when they migrate.

Q3. Tick (✓) the correct option:

- a) The practice of growing crops on a piece of land till the soil is fertile and then abandoning it and moving to a new piece of land is called as–
 - (a) Shifting Agriculture (b) Moving Agriculture (c) Migratory Agriculture
- b) What is migration due to manmade disaster known as?
 - (a) Voluntary migration (b) Forced migration (c) Seasonal migration

Q4. Answer the following questions:

Q1. Define Migration?

Q2. What was the reason behind migration in older times?

Q3.a) “In earlier times people were scared to travel to faraway places.” Give three reasons.

b) This thinking changed later on. What were the three major reasons for change in this thinking?

Q4. Name two types of migration?

Q5. Define Voluntary Migration?

Q6. Forced Migration can be because of Natural disaster or Man Made disaster. Explain this statement.

Q7. Define Seasonal Employment?

Q8. In year 2019 people were forced to migrate because of Natural as well as Manmade disasters. Find out one such example in each category and write down the details of these migrations:

Reason of disaster or migration:

How many people migrate

Difficulties that people faced

Q9. List the problems faced by migrants when they migrate to other cities with their families?

Q10. Why do animals migrate?

Q5. MAP Skills

On a political map of India locate, label and colour the following

- a) The state from your family or ancestors migrated
- b) The state to which your family or ancestors migrated
- c) The state from which your domestic helper's (such as maid, driver, cook or any other domestic helper serving you) family migrated.

Answer Key

Ans 1. Fill in the blanks:

- a) exist
- b) producer
- c) limited
- d) permanently
- e) River Jhelum
- f) job, salaries
- g) season
- h) happiness
- i) chain
- j) Wildebeests

Ans2. True or false:

- a) True b) True c) False d) False e) True f) True
- g) False h) False i) False j) True

Ans3. Tick (✓) the correct option:

- a) (a) Shifting Agriculture
- b) (b) Forced Migration

Ans 4. Answer the following questions:

Ans1. Migration is the systematic (regular) movement of people from one place to another.

Ans2. Migration from one place to another was done in search of food and shelter.

Ans3. A) Due to difficulties, many myths and superstitions.

Ans3. b) Education, logical thinking and contact with other countries.

Ans4 (a) Voluntary migration (b) Forced migration

Ans5. Voluntary Migration is when people move to another place on their own wish/choice. It may be for better job, educational opportunities or to be close to their family or friends in another village, town, city, state or country.

Ans6 Forced Migration is the movement of a person, family or large groups of people due to a natural disaster like flood, earthquake, tsunami, etc.

When people are forced to migrate due to man-made disasters like fire, drought, or terrorist activities because of loss of homes and jobs.

Ans7. When people migrate for employment in a particular season such as people work as extra labour during the sowing and harvesting season.

Ans9. They have to live without basic amenities like shelter, sanitation or safe drinking water. The women have to work hard and children do not get education. Many migrants do not get any work and hence, start begging.

Ans10. Animals migrate to find warmer weather, better food supply or safe place to give birth to their young.

Chapter 3: Variation in Shelters

Q1. Fill in the blanks with correct answer:

Help Box

pre-historic , snow and rain, Madhya Pradesh , land, Caves, stilt ,
emergency, bamboo, clean

- a) Bhimbetka ancient stone age rocks shelters are located in _____.
- b) The discovery of Bhimbetka caves has linked us to the _____ man.
- c) _____ were the earliest form of shelter for man.
- d) Sloping roofs helps the _____ and _____ to slide off easily without damaging the roofs.
- e) High-rise apartment buildings/flats are common because of limited _____.
- f) In Coastal areas and on Islands people build _____ houses.
- g) Houses in earthquake prone areas are built with _____ and wood.
- h) We should be ready to help our neighbours in case of an _____.
- i) We should always keep our surroundings _____.

Q2. State true or false:

- a) Bhimbetka rock shelters with paintings are over 9000 years old.
- b) In Hilly areas houses are built with sloping roofs.
- c) Many people sleep on the flat roofs in regions of low temperature like Srinagar.
- d) In the flood prone areas houses are made a few feet above the ground level for fun.
- e) We live in a society because we are dependent on others for the fulfillment of our needs.
- f) You can improve the quality of your life by hurting your neighbor.
- g) The welfare of each and every member of the society is necessary.
- h) A clean neighbourhood means a clean house.

- i) We can play loud music in our home in day or night.

Q3. Tick (✓) the correct option:

- 1) Number of paintings in Bhimbetka rock shelters is—
(a) 700 (b) 900 (c) 400
- 2) Sloping roof houses are constructed in
(a) Delhi (b) Kashmir (c) kolkatta

Q4. Answer the following questions:

Q1. Explain how beginning of agriculture brought a great change in the life and the type of dwellings of early man?

Q2. List four reasons for the regional variation in houses across country?

Q3. What material is used in construction of houses in plains and how it is different from material used in hilly region?

Q4. State three reason for making the houses few feet above the ground level in flood prone areas?

Q5. List the material used in construction of houses in earthquake prone areas?

Q6. Give two reasons of using this material in construction of houses?

Q7. What are the benefits of Community living?

Q8. List two benefits of Neighbourhood Watch Plan?

Q9. Mention two ways by which we can maintain a clean neighborhood?

Q10. List any three ways by which you can help your neighbours.

Q5. MAP Skills

On a political map of India locate, label and colour the following

- a) Any two states where you find houses with flat roofs

- b) Any two states where houses have sloping roofs
- c) States where we can find mud houses

Answer Key

Ans 1. Fill in the blanks:

- a) Madhya Pradesh
- b) pre-historic
- c) Caves
- d) Snow and Rain
- e) Land
- f) Stilt
- g) Bamboo
- h) Emergency
- i) Clean

Ans2. True or false:

- a) True b) True c) False d) False e) True f) False
- g) True h) False i) False

Ans3. Tick (✓) the correct option:

- 1) (c) 400
- 2) (b) Kashmir

Ans 4. Answer the following questions:

Ans1. He started living a settled life close to the water bodies as he needed water for his crops and other domestic activities.

He started building huts with branches and leaves of trees.

Later on the early man discovered that the walls of the huts could be made with mud.

Ans2. This regional variation in houses arises from differences in

landforms,

climate,

materials available for building a house and

money that one wants to spend on land and construction.

Ans3. The materials of construction used in plains are mainly cement and bricks. While in hilly regions houses are mainly made of cement, bricks and wood.

Ans4. Houses are made few feet above the ground level in flood prone areas :
to keep them dry
keep the inhabitants safe from wild animals.
flood water easily drains out from in between the stilts without damaging the house.

Ans5. Houses in earthquake prone areas in Japan are built with bamboo and wood.

Ans6. To minimise the damage to life and property.
Rebuilding of such houses is easy.

Ans7. Benefits of Community living are:

care for others and share facilities like water, electricity, roads, markets, etc.
help in case of any disaster or trauma of losing a home or getting injured.
neighbourhood police station provides help and security.
services of hospital, ambulance and doctor to provide first aid.

Ans8. Suspicious character or activity in the locality can be reported by neighbours.
crime prevention and ensuring safety of residents, especially the elderly members and children.

Ans9. Do not throw the garbage on the street.
Keep the same cleanliness standard for the surroundings that we keep for our house.

Chapter 4: Sensitivity towards Others

Q1. Fill in the blanks with correct answer:

Help Box

Parents, Adaptive , training , special , confident, right, child, education

- a) Visually impaired and Hearing impaired are _____ children.
- b) The physically challenged children need _____ devices and Therapeutic Services.
- c) Special skills make physically challenged children _____ and less dependent on other people.
- d) The teachers dealing and training physically challenged children require Special _____.
- e) It is important that the _____ remain in close contact with the teachers for guidance.
- f) Socially Deprived Children are the children who are deprived of the _____ to live a decent life.
- g) Our constitution has special provisions to ensure that each and every child gets _____.
- h) Kailash Satyarthi is a _____ Right activist.

Q2. State true or false:

- a) Physically challenged children do not require any special skills.
- b) The teachers need patience, kindness and a sympathetic attitude.
- c) The school as well as the family plays an important role in the life of the special children.
- d) Inclusive education does not benefits other students.
- e) Physically challenged children can NOT function at par with the normal children.
- f) Socially deprived children are miserable, neglected but does not need any help.

Q3. Tick (✓) the correct option:

1) If a special child likes to dance or play, he/she should be provided the opportunity. This will make the child –

- a) Positive b) Happy and Confident c) Positive and Happy

2) Inclusive education also benefits other students as they not only develop an understanding of needs of special children but also develop a –

- a) caring and sympathetic attitude
b) helping and pleasing attitude
c) relaxing attitude

3) Socially Deprived children do not have the opportunity of –

- a) education b) work c) education and work

Q4. Answer the following questions:

Q1. Mention the reason for not giving any special education and training to physically challenged children in earlier times?

Q2. List four major changes in recent times that have made the life of special children better and progressive.

Q3. Why do the teachers dealing with physically challenged children require special training?

Q4. Define Inclusive Education?

Q5. List four benefits of Inclusive education for physically challenged students.

Q6. Where does a Socially deprived child spend their lives?

Q7. What kind of homes socially deprived children belong?

Q8. List the efforts made by the government for socially deprived children.

Q9. Mention the contribution of Kailash Satyarthi for the upliftment of the socially deprived children.

Q10. Find details of the *Bachpan Bachao Andolan* started by Kailash Satyarthi.

Q11. You have been appointed as the class monitor. Frame three golden rules that are beneficial for the physically challenged students in your class.

Q5. MAP Skills

On a political map of India locate, label and colour the following

Locate state in which Dharavi the biggest slum of Asia is located

Answer Key

Ans 1. Fill in the blanks:

- a) special
- b) adaptive
- c) confident
- d) training
- e) parent
- f) right
- g) education
- h) child

Ans2. True or false:

- a) False b) True c) True d) False e) False f) False

Ans3. Tick (✓) the correct option:

- 1) b) Happy and Confident
- 2) a) caring and sympathetic attitude
- 3) a) education

Ans 4. Answer the following questions:

Ans1, The parents were unaware about the help and training that could make their life happy and comfortable, besides such facilities were not able very easily.

Ans2. specially trained teachers and therapists provide guidance to these special children.

families are also trained to deal with them.

Progress in the field of science and technology have made the physically challenged children more mobile and independent.

special machines for exercise and greater movement.

Ans3. Teachers need special training as this helps the teachers to create a suitable environment where special children can learn new skills faster.

Ans4. Physically challenged children must be integrated with other children and therefore must attend normal school.

Ans5. develops confidence and understanding.

enhances their learning abilities.

helps overcome hurdles, like shyness and hesitation,

help them to form relations with other students, teachers, staff members

Ans6. They spend their lives either on the streets or in the slums.

Ans7. They belong to homes where the parents are unable to earn enough money due to illness, unemployment, poverty or illiteracy. Many such parents want to send their children to school. But their inability forces the children to earn money by rag picking, carrying loads, cleaning utensils in dhabas or by begging. They have to feed themselves and their families.

Ans8. Government has made following efforts:

Providing free education, books, uniform and stipends.

Ans9.

a) bachpan bachao andolan

b) tracking and rescuing missing children

c) worked in the sphere of child labour.

Chapter 5: Community Services

Q1. Fill in the blanks with correct answer:

Help Box

Wells, harmony, industrial , SherShah Suri , harvest , social , Step wells ,
Sisandra, Ashoka, pipelines

- a) Human beings are _____ animals.
- b) The members of a community live in _____ and work for the benefit of one another.
- c) Dohara Sarai, was built by _____ for travellers.
- d) _____ arranged to construct rest houses, dig wells and plant trees on the roadsides for the comfort of the travellers.
- e) _____ were the main source of water for drinking and other purposes.
- f) Step wells were constructed to _____ the rainwater.
- g) _____ are called Water Temples of India.
- h) _____, a tub-like structure, was built in Karnataka for the comfort of travellers.
- i) Water is supplied through _____ in most parts of our country.
- j) Water pollution is a major concern due to dumping of household and _____waste

Q2. State true or false:

- a) Community living helps in building a selfish society.
- b) Community service was never done in Indian history.
- c) In olden times most travellers were pilgrims, messengers, soldiers or merchants.
- d) In olden times, India had no system of water harvesting, hence there was acute shortage of water .
- e) Governments and its agencies look after the community services.
- f) Tube wells provide water for irrigation and other purposes in areas that are near to rivers.
- g) Life is not possible without trees.

- h) The cutting of trees has disturbed the balance of nature.
- i) Air pollution, or lowered level of underground water and reduced number of species of animals, birds and plants is because of tree cutting.

Q3. Tick (✓) the correct option:

- 1) Many people contribute to the community service programmes by donating money or their services. It gives them –
 - a) ego satisfaction
 - b) pleasure and satisfaction
 - c) superiority
- 2) Sarai which is twenty kilometers from Ludhiana and is situated at Grand Trunk Road is called as--
 - a) Lado Sarai
 - b) Ber Sarai
 - c) Dohara Sarai
- 3) Some step wells are five to seven storeys deep and are found in—
 - a) Gujarat and Rajasthan
 - b) Punjab
 - c) Haryana

Q4. Answer the following questions:

Q1. Define Community Service?

Q2. Give examples of the projects taken up by the kings/emperors in earlier times for the benefit of the common people.

Q3. Explain why the dharamshalas/sarais (rest houses) were constructed in olden times?

Q4. In olden times, most dharamshalas/sarais settlements were constructed close to water bodies, rivers, lakes or ponds. Give reason.

Q5. Explain how a Kund is different from Step Well?

Q6. Define Water harvesting?

Q7. Explain how rain water harvesting can solve the problem of water scarcity?

Q8. Explain how travelling in modern times is different from travelling in older times?

Q9. Explain how trees are essential for our survival?

Q10. Find out details of Chipko Movement and mention its details.

Q5. MAP Skills

On a political map of India locate, label and colour the following

Locate states in which Suraj kund is located

Locate states in which step wells are found

Locate state in which Sisandras are found

Answer Key

Ans 1. Fill in the blanks:

- a) social
- b) harmony
- c) Sher Shah Suri
- d) Ashoka
- e) Wells
- f) Harvest
- g) Step Wells
- h) Sisandra
- i) Pipelines
- j) industrial

Ans2. True or false:

- a) False b) False c) True d) False e) True f) False
- g) True h) True i) True

Ans3. Tick (✓) the correct option:

- 1) b) pleasure and satisfaction
- 2) c) Dohara Sarai
- 3) a) Gujarat and Rajasthan

Ans 4. Answer the following questions:

Ans1. Community Service is the help or assistance that benefits the community. It may be assisting the elderly, participating in Neighbourhood Watch Programme or beautification of the locality, etc.

Ans2. In earlier times the kings/emperors took up many projects for the benefit of the common people like helping the travellers, planting trees, digging wells, etc.

Ans3. Dharamshalas/sarai provided shelter and safety from rough weather and wild animals to travelers, as in old times no shelters, roads, means of transport or arrangement of food or water were available for travelers.

Ans4. In olden times, most dharamshalas/sarais settlements were constructed close to water bodies, rivers, lakes or ponds to fulfill the travelers water requirement from wells, steps wells, kundis etc.

Ans5. A Kund is a well that looks like a saucer with a cup at the center. It is an Underwater storage system to harvest rainwater in the dry regions of Gujarat and Rajasthan.

While a Step well as the name indicates is constructed sometimes 5 to 7storey deep with lots of steps to reach the well to harvest rain water.

Ans6. Water harvesting is the technique of collecting, storing and using rainwater for irrigation, drinking and other purposes.

Ans7. Rain water harvesting saves rainwater from getting drained and wasted by collecting it in rain water tanks. Thus, It solves the problem of water scarcity.

Ans8 In Modern times

- Travelling in modern times is very convenient as different means of transport are available such as cars, buses, trains, aeroplanes or ships.
- Many guest houses, restaurants, night shelters, motels and hotels provide comfort and safety to the travellers.
- Better roads, bridges and flyovers ensure the smooth movement of vehicles.
- Faster and more comfortable means of transport make travelling easier and faster.

In older times

- While in older times no proper modes of transport were available.
- Traveling was time consuming due to slow means of transport and bad or poor roads.
- Options of guest houses, restaurants, night shelters, motels and hotels was also not available to travelers. Hence traveling was not very safe and comfortable.

Ans. 9

- Trees clean the atmosphere by converting carbon dioxide into oxygen which is needed by human beings.
- Trees provide a green cover to our earth thus reducing temperature.
- They give us innumerable materials like wood, flowers, fruits, vegetables, medicines, spices etc. which are needed to live.

Chapter 6: Leisure Time

Q1. Fill in the blanks with correct answer:

Help Box

Nautanki and Jatra , Kerala, Yoga, imagination, Transport,
Kathai, direct, Shatranj and Chaupal, Hunting, team

- a) _____ has been banned by law.
- b) Some board games, like _____ and _____, have been a part of Indian history and mythology.
- c) Adu Huli Aata helps to develop strategy and _____ work.
- d) Boats are a common mode of _____ for people and goods.
- e) Kalarippayattu, the oldest fighting Art of _____ includes strikes, kicks and some weapons.
- f) _____ helps us to lead a healthy and stress free life.
- g) Theatre is an important source of entertainment since olden times, when _____ were popular.
- h) Theatre is very popular as it establishes a _____ contact between the actors and the audience.
- i) A story is called _____ in Tamil Nadu.
- j) Stories help children to develop their _____.

Q2. State true or false:

- a) Fun or recreation is essential to relax our bodies and refresh our mind.
- b) Chess, Ludo, Scrabble and Pictionary are the games of ancient India.
- c) Alugulimane or Pallanguli is played in Kashmir to improve the skills of mental calculations and concentration.
- d) In olden times man had to be a skillful boatman to cross over water bodies.
- e) Indian wrestling—Kushti is a traditional form of martial art.
- f) Yoga is a part of ancient Indian culture which is not practiced now.
- g) Jatra took up themes from mythology and everyday life to entertain the masses.

- h) The stories expose the listeners to the richness of different themes, cultures and languages.
- i) Story tellers should not use puppets, songs, music or lights for storytelling.
- j) Malgudi Days and Swami and His Friends are some popular stories of R.K Naryan.

Q3. Tick (✓) the correct option:

- 1) In earlier times for recreation man played –
 - a) cricket
 - b) marbles, ball and dice games
 - c) ball

- 2) Adu Huli Aata—the Tiger and Goat game is a game of –
 - a) Punjab
 - b) Karnataka
 - c) Goa

- 3) Snake Boat Race of Kerala, is held during –
 - a) Bhiu festival
 - b) Pongal festival
 - c) Onam festival

- 4) Thang Ta which uses graceful movement of swords and spears is a martial art of ---
 - a) Manipur
 - b) Kerala
 - c) Odisha

Q4. Answer the following questions:

Q1. Define Leisure?

Q2. List 5 major relaxation activities followed in Traditional India .

Q3. Name a few leisure time activities of your choice.

Q4. List FOUR benefits of Board games?

Q5. Name a few popular water sports.

Q6. What is Martial arts?

Q7. Name some popular martial arts in India and World.

Q8. List two benefits of Yoga and Pranayam each.

Q9 Theatre is important way of improving or bringing change in any society. Give two reasons to justify this statement.

Q10. Books are our best friends. Give reason to support of this statement.

Q5. MAP Skills

On a political map of India locate, label and colour the following

Locate states of following popular games:

Adu Huli Aata
Alugulimane or Pallanguli

Locate states of following famous sports personalities:

Sanya Mirza, Jaspal Rana, Mary Kom, Saina Nehwal, Mahindra Singh Dhoni

Answer Key

Ans 1. Fill in the blanks:

- a) Hunting
- b) Shatranj and Chaupal
- c) Team
- d) Transport
- e) Kerala
- f) Yoga
- g) Nautanki and Jatra
- h) Direct
- i) Kathai
- j) imagination

Ans2. True or false:

- a) True b) False c) False d) True e) True f) False
g) True h) True i) False j) true

Ans3. Tick (✓) the correct option:

- 1) b) marbles, ball and dice games
- 2) b) Karnataka
- 3) c) Onam festival
- 4) a) Manipurl

Ans 4. Answer the following questions:

Ans 1. Leisure or Free Time is the time spent away from work for ntertainment and relaxation.

Ans 2. Traditional leisure time activities followed in India were dancing, visiting fairs, painting, music, Martial arts, hunting, swimming, chariot racing and wrestling, hunting etc.

Ans 3. For example watching television, cinema, video games, working out in gymnasium, badminton, cricket etc.

Ans4. Stimulate the mind, teach patience and concentration.

Inexpensive

Easily available.

Ideal for group activities

Ans5. River rafting, sailing and water skiing.

Ans6. Martial Art is the practice of combat (fight) or self-defense. It needs physical strength, skill and coordination.

Ans7. Some Martial arts popular in India and the world are Judo, Karate, Tae Kwon Do and Kung Fu

Ans 8.

- Asanas build energy, tone our muscles and keep our body fit.

- Yoga does not require any expensive equipment or venue. It can be practiced anywhere, at any time of the day.
- Pranayam regulates breathing and relaxes our body as well as mind.
- It also cures breath related problems and stress related disorders like anxiety and depression.

Ans9. The two reasons are:

- Theatre creates awareness about the challenges faced by our society/country.
- It also imparts education, ideas, values and information in an effective and creative way.

Ans10. Books entertain, give important information about any topic
Books are easily available.
It enhances knowledge and awareness.
Never let us feel lonely or alone .

Chapter 7: Changing Trends in Occupation

Q1. Fill in the blanks with correct answer:

Help Box

Semi skilled, Work, Verghese Kurien, dignity,
decreased, scarcity , agriculture and animal

- a) In olden times most Indian villagers were self-sufficient and depended on _____ husbandry.
- b) Poor supply system created a _____ of milk in both the rural and urban areas.
- c) Doctor _____ was the father of White Revolution.
- d) Due to _____ employment opportunities in rural areas villagers started moving towards cities and towns.
- e) All types of _____ are necessary in a society.
- f) The work in itself is a _____.
- g) People like bakers, cleaners, washermen come under _____ labour.

Q2. State true or false:

- a) In their spare time, farmers were involved in basket making, mat weaving, handicraft, etc.
- b) Farming was the only occupation taken up by villagers in villages.
- c) Due to operation flood India became the largest producer of milk in the world.
- d) Farmers worked as labour on construction sites, in dhabas or as rickshaw-pullers in cities because they lacked the will to work as farmers.
- e) No work is superior or inferior.
- f) Girls and women are NOT given equal opportunities in education, careers and political system.

Q3. Tick (✓) the correct option:

- 1) Operation Flood in dairy farming started at

Q9. Define Gender Discrimination?

Q10. Find name of few woman politicians and Pilots and complete the table given below.

Woman Politician	Pilots

Q5. MAP Skills

On a political map of India locate, label and colour the following

Locate the state of white revolution

Answer Key

Ans 1. Fill in the blanks:

- a) agriculture and animal
- b) scarcity
- c) Verghese Kurien
- d) Decreased
- e) Work
- f) Dignity
- g) Semi skilled

Ans2. True or false:

- a) True b) False c) True d) False e) True f) True

Ans3. Tick (✓) the correct option:

- 1) a) Anand in Gujarat
- 2) b) 700 Towns and cities

Ans 4. Answer the following questions:

Ans1. Some unique handicrafts of Odisha are:

patta chitra,
sand art,
metal work,
silver filigree,
stone carving,
puppets and masks.

Ans2. dependence of many farmer families on a single piece of land,
low productivity
and low earnings

Ans3. Factors that resulted in increased agricultural production are:

use of machines, good quality seeds, use of fertilisers, etc.

Ans4. The production of milk was low in earlier times as:

- farmer and his family looked after the milk giving animals on their farm.
- the quality of animals and their feed were not very good.

Ans5. It was related to milk production, processing, marketing, export and distribution of by-products of milk like butter, cheese, ghee, skimmed milk powder, baby food, ice cream, condensed milk yogurt, curd and lassie.

Ans6. Some new occupations created are:

tube well diggers, tractor drivers, salesmen, mechanics, etc.

Ans7. Professionals involved in white revolution were:

veterinarians, scientists, dairy farming machinery manufacturers and dairy cooperative consultants besides services of many non-professionals like dairy farmers, truck drivers, record keepers, etc.

Ans8.

Older time	Present time
darbans (guards)	Scientists
Clerks	engineers
Masons	doctors
Tailors	Teachers
Dyers	designers
Weavers	architects
Soldiers	film-makers
Singers	marketing experts
Cooks	
Farmers	

Ans9. Women suffer due to unequal treatment, though they form 50 per cent of Indian population, yet they do not get an equal share in occupations, education, health facilities or parliament known as Gender Discrimination.