

**VEDA VYASA D.A.V. PUBLIC SCHOOL**  
**Pre-Primary "Vacation Plan"**  
**"Holidays are fun...Let's make it more enjoyable"**

Dear parent

It is summer vacation time again.... A time synonymous with relaxation, travelling, enjoying, hobbies, indulging in new pursuits and much more.... So let your child enjoy these to the maximum.

**Kindly note:** Make a scrapbook and design the cover page. Give the book a title and write your name, class and section on it. Punch holes on one side and use a ribbon to tie the sheets.

Click pictures of all activities performed by your child. Very creatively stick them all in your scrapbook.

- On 1<sup>st</sup> page stick a picture of something that make your child smile.
- Encourage your child to read their English, Hindi reader books daily.

**Language Development:**

- **Story Time:** Narrate simple stories to your child. Ask him/her to recall some characters and incidents of the story by asking simple questions related to the story.

Follow-up activity: Motivate your child to draw and colour any one character of the story he/she like the most in their scrapbook.

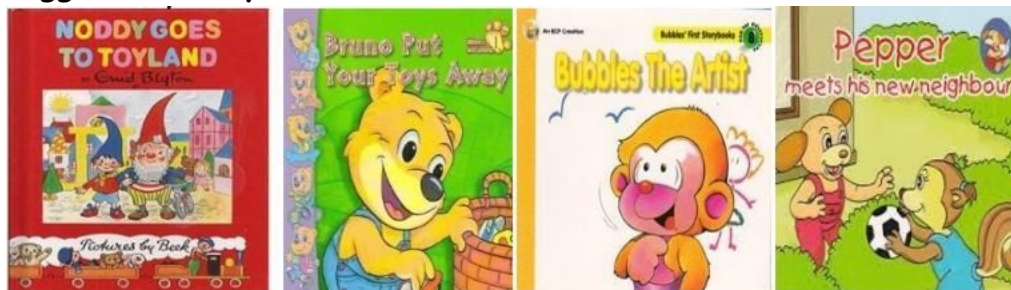
- **Show and Tell:** Choose any one object from your surroundings every week and let your child speak 4-5 lines on it.

Follow-up activity: Make an attractive collage of those objects in your scrapbook.

- **Reading Project:** Read regularly to your child to inculcate reading habits. Use books with attractive illustrations and follow basic rules of reading like using index finger to trace the word from left to right, read with expression and voice modulation, pauses etc.

Follow-up activity: Make your child learn new words to enhance their vocabulary.

**Suggested Story Books Series:**



**Rhyme time:** Motivate your child to learn any one Rhyme and any one song with actions and voice modulations. Links of suggested Rhymes/Songs are:

- <https://youtu.be/1mJ7MNIHwdI> (Aaloo bola mujhko khalo...)
- <https://youtu.be/cRhGOdqWIIo> (Farmer plant the seeds....)
- <https://youtu.be/ZxAftjxHZ5w> (Put your finger in the air...)
- <https://youtu.be/YEoZUtW80d8> (head shoulder knees and toes..)

### **Social Development:**

Imbibe following Social skills in your child. Click pictures (wherever possible) and paste them in your scrapbook.

- Find any 2 toys which you can donate to the needy children.
- Eat meals with your family, using proper table manners. Don't watch television while eating food.
- Converse freely but politely with others.
- Develop a good habit of sharing and making friends.

### **Happy Father's Day (16<sup>th</sup> June 2019)**

Make a tall glass of lemonade and a plate of fruit chaat for your father. Take pictures of it and paste them in your scrapbook before you serve him this.

**Beat the heat with a Picnic:** Plan a picnic with your family and friends and enjoy. Paste any two related pictures in your scrapbook. **Suggested picnic places can be:** (choose any 1)

- ❖ **Waste to Wonder** (near Rajghat)
- ❖ **Rail Museum** (Chanakyapuri)
- ❖ **Jurassic water park** (Sonipat)
- ❖ **Adventure Island** (Rohini)

**Drink lot of fluids** like lemonade, juices, water etc. to keep your body hydrated in this summer season.

### **Logical Development:**

Complete the following information about yourself using **NUMBERS** only and mention the same in your scrapbook:

- a) letters in your name -
- b) your age-
- c) your height-
- d) members in your family-
- e) your shoe size-
- f) number of brothers and sisters you have (if any)-
- g) your father's phone number-




h) your mother's phone number-

**Physical Development:**

Encourage your child to participate in dancing and singing activities.  
Indulge your child in any one hobby like skating, football, dance, swimming, taekwondo etc.  
Encourage your child to take care of his/her personal hygiene.  
Train your child to flush after using the toilet.

**International Yoga Day (21<sup>st</sup> June):**

Take your child for a Nature Walk and practice few Asanas with them as shown in the following picture:

	<p><b><u>Tree pose:</u></b> Stand tall in mountain pose. Shift your weight onto your left foot and raise your right knee. Place the sole of your right knee inside of your left calf. Keep your left leg strong and straight.</p>
 <i>butterfly pose</i>	<p><b><u>Butterfly pose:</u></b> Sit on the ground and join soles of the feet and spread knees. Hold your feet with hands and move the legs up and down like a butterfly moves her wings.</p>
	<p><b><u>Cobra pose:</u></b> Lie down on the yoga mat on your tummy, with hands near chest. Push upwards into a backbend. When back is arched, make a loud hissing noise like a snake.</p>
	<p><b><u>Cat pose:</u></b> Get down on hands and knees. Reach spine towards ceiling as high as possible, so that the back is arched like a cat. Make meow noises.</p>

**Follow-up activity:**

- Click pictures of the above activity and make a collage of the same in your scrapbook.
- Develop the same good habit of **Yoga Asanas** and **Nature walk** to be followed with your child on weekends.

### **Creative Development:**

Go and play in park daily. Observe **any animal/bird** near your house and draw/stick pictures of:

- ❖ What that it **looks like**....
- ❖ What that it **eats**...
- ❖ Where it **lives**...
- ❖ **Interesting fact** (any 1)....
  - Make an attractive **face mask** of that animal/bird and bring it to school after summer vacation.
  - Use your creativity to make a **bird feeder**. Place it on the terrace/balcony for birds to eat grains. Also, bring it to school after summer vacation.

**Help your child to learn the following life skills:**

- ❖ Laying and clearing the table.
- ❖ Practice buttoning/unbuttoning the shirt.
- ❖ Putting toys/things away in their place after use.
- ❖ Practice to say Thank you, Sorry, Please, Excuse me.

**Follow up-activity:** To motivate your child give a **star or a smiley** after imbibing each above mentioned life skill activity.

**Suggested movies to watch:**



## Fine Motor Development:

- Mix a handful rajma, chana and lobia and ask your child to separate in by using tweezers.
- Scribbling, colouring, mashing potatoes, rolling chapatis, clay moulding, sand play, bursting bubble paper, tearing-pasting etc.
- Tracing lines with buttons:

On A-4 size coloured pastel sheet draw any line pattern on both sides of the sheet. (Kindly refer to the given picture)

Motivate your kids to trace along the lines with buttons, beads, gems etc. as shown in the given pictures. Laminate the pattern sheet and place all the beads or buttons in a small pouch which your child can carry in school after summer vacation.



We hope that students will find themselves meaningfully engaged while doing these activities.

Wishing you and your family happy times together.

Class Teacher





