

Let's Have Fun During this Vacation

Class – Pre-Nursery & Nursery 2018-19

For the Parents:-

- Play games with your child like – Ludo, Carom-board or scrabble.
- Take your child for morning walk, count trees, cars, stones, flowers, etc.
- **Father** :- Please fix an appointment with your child and talk to him/her or let him/her talk to you every day for at least 10mins
[This improves speech and the ability to recollect things].
- Provide a healthy and compulsory breakfast in the morning itself. [Don't make it brunch please].
- Children reciprocate what you give them- Say “**Good**” they will be “**Very good**”. If you say “**very good**” he/she will be excellent.
- Take him/her to your office if you can. Let him/her observe at work and see how hard you work for the family.
- Let your child bond with the grandparents.
- Ensure that the family has at least two meals together and not in front of the television.
- Teach him/her the importance and hard work of the farmers and ask him/ her not to waste their food.
- Keep your child away from computer, mobile and other electronic gadgets.
- Share stories about your childhood and your family history.

[A] Suggested Story Book series

Story books of level 0, e.g.

Benny's series

Bruno's story books

Aesop's fables.

[B] Suggested Television Channels

- The National Geographic
- Animal planet
- Discovery kids etc.

[C] Suggested You-Tube links

- <https://youtu.be/fE8IezHs19s>
- <https://youtu.be/eFa-1iKzGmE>.
- <https://youtu.be/ckKQclquAXU>
- <https://youtu.be/8Zjp16fggYSY>
- <https://youtu.be/ckKQclquAXU>
- <https://youtu.be/BZf6frPNrhg>
- <https://youtu.be/gDVBvvP1OE4>

[D] Suggested Movies to watch

- Panchtantar stories
- Home alone [1-5]
- Baby's day out[English version]

Encourage him/her to take care of personal hygiene by inculcating the following habits:-

- Brushing teeth twice daily.
- Combing hair regularly.
- Bathing every day.
- Washing hands with soap before and after meals.
- Trimming the nails and keeping them clean.
- Stacking things.

Enroll him/her in following activities to enhance “Gross Motor Skills”.

- Aerobics and Dance
- Obstacle race
- Catch and Throw
- Tippy Tippy Tap
- Walk on a straight line.
- Shape walk [Circle & square].

Indulge your child in following activities to develop “Fine Motor Skills”

- Segregation of beans
- Tear n paste technique
- Scribbling
- Mashing potatoes
- Shelling out peas
- Squeezing bath sponges
- Watering the plants with spray bottle.
- Zipping and unzipping of school bags.
- Buttoning and unbuttoning.
- Opening and closing bottle cap/tiffin lid.
- Turning pages of a book.
- Picking of ice-cubes from water with a tong.

Inculcate the following life skills in your child to help him / her become independent.

- Filling the water bottles.
- Arranging shoes in the shoe rack.
- Laying the table for Dinner/breakfast.
- Buttoning / Unbuttoning his/her shirt.
- Tying his/her school bags.
- Keeping his/her belongings back in their place.

Help your child to become a caring human being by developing the following “Socio-Emotional skills”.

- Greeting & welcoming guests.
- Arranging his/her toy shelf.
- Speaking politely with everyone.
- Sharing with peers.
- Answering phone calls with a polite, “Hello,” also asking “May I know who is calling?”
- Using the magic words:-I’m sorry , please , Excuse me , Thank You, May I?

To inculcate the habit of sharing -Take your child to Pingalwara / Orphanage and donate old clothes and toys. Remember to click photographs and paste them in scrap book and send it to school after vacation.

Language Development:-

Let’s converse in English

- How are you? I’m fine/good, Thank you.
- May I wash my hands?
- Mamma, I am thirsty .Please give me water.[Fetch me a glass of water].
- Mamma, I am hungry. Give me something to eat.
- May I go to toilet?
- May I go to drink water?
- Excuse me.
- May I come in?
- Please, open /close my tiffin/bottle.
- I have finished my work/food.
- Please, switch off/on the light/fan.
- Revise previously done rhymes [**Hindi & English**].
- Give your child a piece of newspaper daily and ask him/her to circle / highlight a particular letter and paste those pieces of newspaper in one scrap book. This activity will inculcate the habit of reading in your child.
- Help your child to find the things around him/her which starts with ‘A’ ‘B’ ‘C’ & D’.

Cognitive Development:-

- Lacing paper plates:- Take two paper plates punch five holes in it and write the numbers from 1 to 5.Ask the child to lace it using any yarn or thread from 1 to2, 2 to3, 3 to 4, 4 to5.This way child will learn the counting, recognize the numbers & will make the pattern. It also strengthens fine muscles of your child.

Memory Game:- Keep a few things in a tray. Show the tray to the child for a while. Then cover the tray with a towel. Ask the child to name the objects which were on the tray.

- **Mystery bag:-** Keep things using in rainy season/summer season/winter season/ Red & Green colour objects.

- Solving 4 pieces puzzles.
- Make flash cards related to Alphabet of English. Hide them in a room, tells your child to search a particular letter. Now speak words from that letter.

Creative Development:-

- Help your child to make flash cards of Numbers/Alphabet with Picture on 1/4th Ivory sheet.
- Draw a picture of your ward's favourite animal/bird/healthy food/junk food /means of transport /flower/helper and help him/her to decorate it with any technique in it on 1/4th ivory sheet.
You can use different techniques like:- Potato, Lady finger, Onion, Lemon, Capsicum printing, Paper crushing, Cotton dapping, Leaf printing, Pencil shavings. Thumb or finger printing etc.
- By pasting cuttings of different shapes. Kindly help your child to make a wrist band and present it to father on “**Father’s Day**”.

Let’s help our children become “Little Chefs” during this vacation.

Make an **Oreo -Ice Cream shake** at home with your child. Discuss the steps in sequence to make it.

- 8 Oreo biscuits [crushed]
- 2 cups milk
- 4 scoops of Vanilla ice-cream
- Hand full of ice cubes.

Method:- Blend everything in a blender until smooth, then serve. Remember to click Photographs while the little chef is at work and paste those photographs in a scrap book.

Take care of plants:-

Help your ward to plant a sapling and take care of it by watering it daily & send this plant to school after vacation.

- Narrate a value based story daily to your child. Also, make sure that he /she is able to present a story for a story telling activity after vacation.