



D.A.V. PUBLIC SCHOOL
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CIRCULAR

DAVPS/AV-IV/CIR/23-24/24

Date: 22.09.2023

Dear staff members

Warm greetings!

We are pleased to announce the upcoming sessions on Yoga, Stress Management, and Classroom Management for our staff and faculty members. These sessions are designed to promote physical and mental well-being, as well as enhance classroom management skills.

Date - 23rd September 2023

Yoga and Stress Management Session Time: 8:15 AM to 9:15 AM

Classroom Management Session Time: 9:30 AM to 10:30 AM

Diet and Nutrition Session Time: 1 pm to 2 pm

Location: Conference room

We look forward to seeing you there and investing in your well-being and professional development.

Ms. Kusum Bhardwaj
Principal